

EVENT INFORMATION
Gauteng Provincial Championships
16 August 2025
ALL GAUTENG REGIONS

*Line ups may be combined if less than 3 athletes register for a line up.
The province has the right to change the program at any time.*

SA Team Announcement after prize giving.

Weigh in:

- 15 August Friday 17:00 – 19:00 (Wear bikini / posing trunk / girls bring shoes)
- 16 August Saturday 08:00 – 09:00 (Wear bikini / posing trunk / girls bring shoes)

Athlete Registration: (See link below poster www.ifbbsa.co.za)

- Affiliation 2025 online only R300
- Online payment R300
- Online payment for cross over R150

Tickets at the door:

- Full day (Adults & Kids) R300
- Kids under 12yrs R150
- Kids under 6yrs Free
- Backstage R500 (incl show ticket)

Onsite Tan:

- Jan Tana R850 Book online with link below poster.
- Base coats on Friday at weigh in, unless otherwise communicated.
- Schedule and skin preparation will be shared one week before the show.

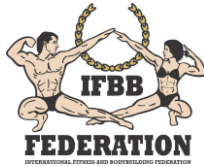
Hair & make up:

- Service provider for each event may be different.
- Price On request. See link below poster for contact information.

**PLEASE NOTE NO FOOD, COOLER BAGS OR DRINKS WILL BE ALLOWED IN THE THEATRE.
ATHLETES WILL BE ABLE TO KEEP THEIR COOLER BAGS WITH THEM BACKSTAGE.**

TEAM ANNOUNCEMENT AT THE END OF SHOW

The program can change at any time with no notice. Athletes must please view the website regularly.



SESSION 1

- Men's Fit Model (Round 1)
- Women's Fit Model (Round 1)
- Classic Bodybuilding
u/175cm, o/175cm
- Woman's Physique (one Line up)
- Men's Classic Physique
u/175cm, o/175cm
- Women's Body Fitness (one Line up)
- Bodybuilding Novice (One Line up)
- Men's Fit Model (Round 2)
- Women's Fit Model (Round 2)
- Bodybuilding
u/23, u/70kg, u/80kg, u/90kg, o/90kg, over 40

SESSION 2

- Women's Bikini NOVICE One line up
- Men's Physique NOVICE One line up
- Women's Bikini
Jnr u/23, u/166cm, o/166cm, over 35
- Men's Physique
u/178cm, o/178cm, over 40
- Men's Muscular Physique One line up
- Women's Beach Bikini
u/166cm, o/166cm
- Women's Wellness
u/166cm, o/166cm
- Fit Pairs / Mixed Pairs
TEAM ANNOUNCEMENT