

Western Cape Provincials 2025**RESULTS****26 July 2025**

No.	Name		Province / District	Place
	<u>Ladies Beach</u>			
	<u>under 166cm</u>			
182	Ashlee	Sarembock	Cape Town Unicity (Cape Town)	1
183	Melanie	Van Tonder	Overberg (Swellendam)	2
181	Simone	Van Zyl	Cape Town Unicity (Cape Town)	3
184	Imke	Smit	Cape Town Unicity (Cape Town)	4
	<u>over 166cm</u>			
185	Keira	Langford	Boland (Stellenbosch)	1
	<u>Ladies Bikini</u>			
	<u>up to 166cm</u>			
188	Carla	Vorster	Eden (George)	1
189	Bianca	Botha	Eden (George)	2
187	Vickey Lee	Deim	Boland (Stellenbosch)	3
190	Chanelle	Galanakis	Cape Town Unicity (Cape Town)	4
186	Naledi	Thothela	Motheo (Bloemfontein)	5
	<u>over 166cm</u>			
191	Lenise	Swanson	Cape Town Unicity (Cape Town)	1
192	Antoinette	Human	Central Karoo (Beaufort West)	2
	<u>over 35 years</u>			
191	Lenise	Swanson	Cape Town Unicity (Cape Town)	1
186	Naledi	Thothela	Motheo (Bloemfontein)	2
192	Antoinette	Human	Central Karoo (Beaufort West)	3
	<u>Men's Athletic Physique</u>			
	<u>up to 176cm</u>			
179	Ace	Swazi	West Coast (Malmesbury)	1
215	Duran Reece	Naidoo	Eden (George)	2
	<u>over 176cm</u>			
217	JC	Duffey	Cape Town Unicity (Cape Town)	1
175	James	Hulett	Cape Town Unicity (Cape Town)	2
	<u>Ladies Body Fitness</u>			
	<u>up to 163cm</u>			
177	Mienke	Botha	Cape Town Unicity (Cape Town)	1
	<u>over 163cm</u>			
194	Juane	Du Randt	Cape Town Unicity (Cape Town)	1
193	Natasha	Colson	Cape Town Unicity (Cape Town)	2
	<u>Ladies Physique</u>			
195	Kate	Slabber	Boland (Stellenbosch)	1
	<u>Bodybuilding</u>			
	<u>Junior under 23yrs under 75kg</u>			
180	Sibabalwe	Ndilele	Cape Town Unicity (Cape Town)	1
196	Caleb	Augustyn	Cape Town Unicity (Cape Town)	2

No.	Name		Province / District	Place
	<u>up to 90kg</u>			
210	Rudi	Deim	Boland (Stellenbosch)	1
214	Alistair	Gladden	Cape Town Unicity (Cape Town)	2
200	Ruan	Prinsloo	Boland (Stellenbosch)	3
198	Mpilo	Tyobeka	0	4
197	Ayathemba	Kopman	Cape Town Unicity (Cape Town)	5
	<u>over 90kg</u>			
212	Bilal	Amraoui	Cape Town Unicity (Cape Town)	1
213	Juan	Matthee	Boland (Stellenbosch)	2
106	David	Brittz	Cape Town Unicity (Cape Town)	3
	<u>Masters over 40yrs</u>			
212	Bilal	Amraoui	Cape Town Unicity (Cape Town)	1
214	Alistair	Gladden	Cape Town Unicity (Cape Town)	2
200	Ruan	Prinsloo	Boland (Stellenbosch)	3
213	Juan	Matthee	Boland (Stellenbosch)	4
106	David	Brittz	Cape Town Unicity (Cape Town)	5
	<u>Ladies Fit Model</u>			
	<u>One-Line up</u>			
182	Ashlee	Sarembock	Cape Town Unicity (Cape Town)	1
183	Melanie	Van Tonder	Overberg (Swellendam)	2
181	Simone	Van Zyl	Cape Town Unicity (Cape Town)	3
190	Chanelle	Galanakis	Cape Town Unicity (Cape Town)	4
	<u>Men's Fit Model</u>			
	<u>One Line-up</u>			
217	JC	Duffey	Cape Town Unicity (Cape Town)	1
215	Duran Reece	Naidoo	Eden (George)	2
216	Abdul-Malick	Salie	Cape Town Unicity (Cape Town)	3
	<u>Mixed Pairs</u>			
195	Kate	Slabber	Boland (Stellenbosch)	1
213	Juan	Matthee	Boland (Stellenbosch)	1
	<u>Classic Bodybuilding</u>			
	<u>One Line-up</u>			
219	Jason	Wright	Cape Town Unicity (Cape Town)	1
218	Tevin	Adams	West Coast (Malmesbury)	2
	<u>Men's Classic Physique</u>			
	<u>One Line-up</u>			
218	Tevin	Adams	West Coast (Malmesbury)	1
212	Bilal	Amraoui	Cape Town Unicity (Cape Town)	2
167	Siyabonga	Skosana	Cape Town Unicity (Cape Town)	3
	<u>Men's Muscular Physique</u>			
220	Willie	Fourie	Overberg (Swellendam)	1
	<u>Wheelchair</u>			
176	Charles	Oppelt	Cape Town Unicity (Cape Town)	1